

# THE CHECK UP



## Team Updates:

We are excited to welcome two experienced doctors who joined our team in November.



**Dr Elyse Conijn**

Dr Elyse completed her medical degree and training in the Netherlands. Elyse gained valuable experience working in emergency medicine and acute psychiatry and covers all areas of general practice, with a special interest in women's health. Languages: English and Dutch



**Dr Rosanne Hijdra**

Dr Rosanne completed her medical degree and training in the Netherlands. Rosanne's area of expertise includes pediatrics, sexual and reproductive health, women's health, psychology, life coaching and all areas of general practice. Languages: English, Dutch and limited Afrikaans

## Christmas operating hours:



Merry Christmas and Happy New Year to all our patients and whanau! Wishing you a joyful and blessed holiday season

23/12/2024 Monday 8am-4:30pm  
 24/12/2024 Tuesday 8am-4:30pm  
 25/12/2024 Wednesday Closed  
 26/12/2024 Thursday Closed  
 27/12/2024 Friday 8am-4:30pm  
 28/12/2024 Saturday 9am-12pm  
 29/12/2024 Sunday Closed  
 30/12/2024 Monday 8am-4:30pm  
 31/12/2024 Tuesday 8am-4:30pm  
 01/01/2025 Wednesday Closed  
 02/01/2025 Thursday Closed  
 03/01/2025 Friday 8am-4:30pm  
 04/01/2025 Saturday Closed  
 05/01/2025 Sunday Closed  
 06/01/2025 Normal operating hours

If we are closed, please phone Healthline on 0800 611 116 or go to East Care, Botany. If it is an emergency please dial 111.

## Repeat Prescription, Request it now!



Please check your medications to make sure you have enough to cover you over the festive period.

# MMH - Manage My Health

Scan here to register for the patient portal



Scan me

Unique invite code: CMCL

CRAWFORD MEDICAL CENTRE LTD  
CRAWFORD MEDICAL CENTRE LTD

## Scan Me. Join Today.

Securely access your health records, book online appointments, request repeat prescriptions and more.

Download the app today!



managemyhealth.co.nz

Congratulations to our recent winner M\*\*\*\* for winning a free consultation visit with her Provider.

Book your appointments on MMH for a chance to WIN A FREE CONSULTATION with your practitioner.

Booking an appointment for a family member, registered or casual, is now simpler than ever with the MMH App.

CRAWFORD MEDICAL CENTRE LTD

NEW!



## Like, follow and review us for a chance to WIN!



**BE IN TO WIN...**  
a hamper by leaving us a Google review.



## Crawford's latest news:

### Acute Walk-in Clinic



Daily walk-in clinic available

No booking required

Monday - Saturday

9am - 12pm



## Thank you

Crawford Medical would like to take this opportunity to sincerely thank you for your continued support throughout 2024. Your well-being is at the heart of everything we do, and your confidence in us inspires our team every day.

We look forward to taking care of your health in the coming year and continuing to support you on your journey to wellness. Thank you for choosing us as your healthcare provider.

## You are a winner!

Thank you, Carin, for taking the time to leave us a Google review. We appreciate your feedback, and congratulations on winning the hamper!



**CRAWFORD**  
MEDICAL

Monday to Friday: 7.30am - 7pm  
Saturday: 9am - 12pm

After Hours: East Care open till 11pm  
260 Botany Road. (09) 277 1516

(09) 538 0083  
info@crawfordmedical.co.nz  
4 Picton Street  
Howick, Auckland